

# Dance Instructions for the April Monthly Dance • 10 April 2010

**Time:** 8:00 pm  
**Place:** Crescent School  
**Cost:** \$20 / adult (non-Members \$25); \$5 / spectator;  
\$10 / youth or Beginner Members.  
**Music:** Bobby Brown & The Scottish Accent  
**Host:** St Andrew's of Brampton, Erin Mills (Fri), Hillcrest

**ALL dances will be briefed; NO dances will be walked.**

## EH3 7AF 8 X 32 J: 3 Cpls (4 cpl set) *Roy Goldring, Book 40*

- 1- 8 1st couple lead down the middle and up. Finish in the middle.  
On bar 8, 2nd and 3rd couples step in.
- 9-16 1st, 2nd and 3rd couples dance a promenade.  
On bars 15-16, 1st couple cast *off* to second place; while, 2nd couple dance up to first place and 3rd couple return to original place.
- 17-20 1st couple, pass each other by the right (no hands) to cross to their opposite side; turn First Corner, right hand.  
Finish: 1st woman between 2nd couple, *facing down* and 1st man between 3rd couple, *facing up*.
- 21-24 1st couple pass each other by the right (no hands), up and down the dance; turn Second Corner, right hand.  
Finish: 1st couple in second place on their opposite side.
- 25-28 Right hands across, in the centre: 1st man with 2nd couple and 1st woman with 3rd couple.
- 29-32 1st woman cross up between 2nd couple and cast *off* to second place, on her own side; while, 1st man cross down between 3rd couple and cast *up* to second place, on his own side.

## A TRIBUTE TO PETER McBRYDE

### 3 X 32 S: 3 Cpls (3 cpl set)

*Lou Emslie, T.A.C. 50TH Anniversary Collection*

- 1- 8 1st, 2nd and 3rd couples dance Inveran reels:
- 1- 4 1st couple, crossing through second place on their opposite sides, dance half reels of three with the 2nd and 3rd couples.
- 5- 8 1st couple, crossing through second place on their own sides, dance half reels of three with the 2nd and 3rd couples. 1st cpl finish in their original place.  
2nd and 3rd couples dance a normal reel of three on own sides (2nd couple dance out and up, and 3rd couple in and up, to start).
- 9-20 1st, 2nd and 3rd couples dance rights and lefts for three couples:
- 9-10 All cross, right hand.
- 11-12 All change places, left hand: 1st man

and 3rd woman cross diagonally; while, the others change on the sides.

13-14 All cross, right hand.

15-16 All change places, left hands: 2nd couple, diagonally; while, the others change on the sides.

17-18 All cross, right hand.

19-20 All change places, left hand: 3rd man and 1st woman, diagonally; while, the others change on the sides.

21-22 All three couples join hands on the side and set.

23-24 1st couple cast *off* one place and 2nd couple dance up to top place.

25-32 1st and 3rd couples dance the Espagnole:

25-26 1st and 3rd women, joining right hands, dance towards the men's side, passing between their partners. On bar 26, 1st woman cross 3rd woman over in front of her, to dance out and up towards second place; while 1st woman dance out and down towards third place. Meanwhile, 1st and 3rd men cross towards the women's side passing on either side of their partners.

27-28 1st and 3rd men, joining right hands, dance towards the men's side, passing between their partners. On bar 28, 1st man cross 3rd man over in front of him, to dance out and up towards second place; while, 1st man dance out and down towards third place.

Meanwhile, 1st and 3rd women cross back towards their own side passing on either side of their partners.

29-32 3rd couple turn, right hand, and 1st couple turn, left hand: once round, to place.

## ST. ANDREW'S OF BRAMPTON

### 4 X 32 R: 4 Cpls (4 cpl set)

*Ann Campbell, Book 37*

- 1- 4 1st couple cross, right hand, and cast *off* to second place; while, 4th couple cross, right hand, and cast *up* to third place.  
2nd couple step up and 3rd couple step down, bars 3-4.
- 5- 8 1st and 4th couples dance right hands across, once round, and, retaining hold of right hands, prepare to join left hands with the right hands of 2nd and 3rd couples: all to *face clockwise*.
- 9-12 All dance, in a double wheel, clockwise, halfway round.  
Finish: 3rd couple in first place and 2nd couple in fourth place – all on their opposite sides; 4th couple (in second place) and 1st couple (in third place) in the middle.  
3rd couple with 4th couple and 1st couple with 2nd couple *face each other diagonally*.
- 13-16 All set and change places, left hand. 3rd and 2nd

- couples join right hands across in the centre and 4th and 1st couples make "polite turns" to reform the double wheel: all *face clockwise*.
- 17-20 All dance clockwise, halfway round.  
Finish: 1st couple in first place and 4th couple in fourth place – all on their opposite sides; 2nd and 3rd couples in the middle. All *face diagonally*.
- 21-22 All set and on bar 22, 1st and 4th couples *face each other* up and down, to set.
- 23-24 All change places: 1st and 4th couples give the "inside" hand:  
1st man with 2nd woman and 3rd man with 4th woman, right hand; while, 1st woman with 2nd man and 3rd woman with 4th man, left hand.  
Finish: 2nd couple in first place and 3rd couple in fourth place, in the sidelines; 1st couple in second place, nearer hands joined, *facing up*, and 4th couple in third place, nearer hands joined, *facing down*.
- 25-28 1st couple dance up between 2nd couple and cast *off* to second place and 4th couple dance down between 3rd couple and cast *up* to third place – all on their opposite sides.
- 29-32 1st and 4th couples dance half rights and lefts.

**TWA ROGUEISH EEN**      **8 X 40 J: 3 Cpls (4 cpl set)**  
*John Drewry, The Rondel Book*

- 1- 8 1st man (give left shoulder to 2nd woman) start a reel of three across the dance with 2nd couple. After four bars, when just below partner, 1st man take 1st woman in promenade hold and they dance the second half of the reel together, to finish in 1st man's place.
- 9-16 1st couple, nearer hands joined, dance into the centre and down the dance (on their opposite sides).  
On bar 13, 1st woman dance round under her partner's arm and 1st man dance round below her, so that they dance up, on own sides, to original places.
- 17-24 1st couple set; dance down, nearer hands joined, to below 3rd couple; cast *up* to second place; then dance up, nearer hands joined, to top place and *face out*.  
2nd couple stand (2 bars); set; lead down, nearer hands joined, to below 3rd couple; cast *up* to second place, and *face in*.  
3rd couple stand (4 bars); set; dance in to join nearer hands, *facing down*, then dance out to the sides and *face out*.
- 25-32 Reels of three on own sides.  
To begin: 1st couple dance out and down; 2nd couple dance in and up; and 3rd couple, out and up.  
On bars 31-32:  
1st couple, as they dance up, join nearer hands and turn to *face down*, nearer hands joined. 2nd couple dance in to *face up*, nearer hands joined. 3rd couple return to places.
- 33-40 1st and 2nd couples dance a Half-Rondel to change places:

- 33-34 1st couple dance down under an arch made by 2nd couple, who dance up.
- 35-36 The women cross in front of their partner and all cast to their opposite side, to meet the other woman, or man, and join nearer hands.
- 37-38 2nd and 1st couples set on their opposite side.
- 39-40 2nd and 1st couples cross, **left** hand, to own side.

**MY FRIEND JOE**      **8 X 32 S: 3 Cpls (4 cpl set)**  
*Bob Campbell, Book 38*

- 1-8 1st and 2nd couples dance the Birl:
- 1- 4 1st man and 2nd woman set to each other, advancing; then turn each other, both hands,  $\frac{3}{4}$ -round, to finish back to back in the middle.  
During bar 4, they release hands and pivot right about: 1st man *face down* and 2nd woman *face up*.  
Meanwhile, 1st woman and 2nd man dance, anticlockwise, round 1st man and 2nd woman to finish *facing partner*.
- 5- 8 2nd and 1st couples set to partner; then turn partner, right hand,  $\frac{3}{4}$ -round to *face up*, ready for:
- 9-13 2nd and 1st couples dance the first five bars of an allemande.
- 14 Dancing into the middle, the men turn their partners under their right arms (releasing left hand) to *face up*, right hands joined.
- 15-16 1st couple cast off into second place and 2nd couple lead up and dance the long way round into first place.
- 17-20 2nd, 1st and 3rd couples advance (1 bar), retire (1 bar); then cross, right hand, to finish in their opposite sideline.
- 21-24 1st and 3rd (= bottom 2) couples dance four hands, once round, to the left.
- 25-28 2nd, 1st and 3rd couples advance (1 bar), retire (1 bar); then cross, left hand, to finish in their own sideline.
- 29-32 2nd and 1st (= top 2) couples dance four hands, once round, to the right.

**THE CLANSMAN**      **8 X 32 R: 2 Cpls (4 cpl set)**  
*Derek Haynes, Book 32*

- 1- 4 1st couple cross, right hand; cast *off* to second place on their opposite side.  
2nd couple step up, bars 3-4.
- 5- 8 2nd and 1st couples dance right hands across,  $\frac{1}{2}$ -way round; then join hands on the sides and set to partner.
- 9-16 1st and 2nd couples dance rights and lefts.  
On bars 15-16, 1st woman with 2nd man and 1st man with 2nd woman turn, left hand, into a line across the set (in order: 2nd man, 1st woman, 2nd woman, 1st man) and the women join right hands: 1st couple *face down* and 2nd couple *face up*.
- 17-24 1st and 2nd couples dance the Targe:  
17-18 1st and 2nd women turn  $\frac{3}{4}$ -round, right

hand; while, 1st and 2nd men dance round them, anticlockwise, ¼-way round the circle.

19-20 1st man with 2nd woman and 1st woman with 2nd man turn, left hand, once round.

21-22 1st and 2nd women turn ¾-round, right hand; while, 1st and 2nd men dance round them, anticlockwise, ¼-way round the circle.

23-24 1st man with 2nd woman and 1st woman with 2nd man turn, left hand, ¾-round, to finish on the sides: 1st couple, in second place on their opposite side, *facing up* and 2nd couple, in first place on their own side, *facing down*.

25-26 *Facing up and down*, 2nd and 1st couples set to each other.

27-28 *Facing partner*, 1st and 2nd couples set.

29-32 1st couple lead up between 2nd couple; cross and cast *off* into second place, own side.

## INTERVAL

### THE FRISKY 8 X 32 J: 3 Cpls (4 cpl set) Robert Bremner, *Book 26*

1- 4 1st couple turn, right hand; cast *off* one place. 2nd couple step up, bars 3-4.

5- 8 1st couple turn, left hand; cast *off* another place. 3rd couple step up, bars 7-8.

9-16 2nd, 3rd and 1st couples dance six hands round and back.

17-20 1st couple approach each other (bar 17), dance up, nearer hands joined (bars 18-19), and out to place (bar 20). 2nd and 3rd couples step down, bars 19-20.

21-24 1st and 2nd couples set twice.

25-32 1st and 2nd couples dance half rights and lefts; set on their opposite side; and cross over, right hand.

### BEDRULE 8 X 32 S: 3 Cpls (4 cpl set) Betty Grant, *Book 33*

1- 8 1st woman with 2nd woman and 1st man with 2nd men turn, both hands, once round; open out on the sidelines and dance four hands round to the left and stay in the centre; then 1st and 2nd couples turn partner, both hands, once round, to finish in the middle of the set, in promenade hold. On bar 8, 3rd couple dance in and take promenade hold.

9-16 1st, 2nd and 3rd couples dance a promenade. On bars 15-16, 1st couple cast *off* to second place; while, 2nd couple dance up to first place and 3rd couple return to original place.

17-20 1st and 3rd couples dance right hands across, finishing on the sidelines. 1st woman turn right about into sidelines and *face up*, ready for:

21-24 1st and 2nd couples dance left hands across.

Finish: 1st couple (1st woman dance straight out) in second place, *facing down*, ready for:

25-32 2nd, 1st and 3rd couples dance reels of three on the sides.

To begin: 1st couple give right shoulder to 3rd couple.

Finish: 1st couple *face down* and 3rd couple *face up*, ready to repeat the dance.

### THE SAILOR 8 X 32 H: 3 Cpls (4 cpl set) *Book 24*

1- 2 1st couple cross, right hand, to finish: 1st woman *facing out* between 2nd and 3rd men and 1st man *facing out* between 2nd and 3rd women. 2nd couple step up.

3- 4 Joining nearer hands, set in threes on the sides of the dance.

5- 6 1st woman cast *up* round 2nd man to finish between 2nd couple, all *facing down*; while, 1st man cast *down* round 3rd woman to finish between 3rd couple, all *facing up*.

7- 8 Joining nearer hands, all set.

9-16 Reels of three across the dance.

To begin, 1st couple give right shoulder to the person on their right. Finish: 1st couple in second place on their opposite side.

17- 24 1st couple, right hands joined, lead down the middle (2 bars) and up, cross at the top and cast into second place, own side.

25- 32 2nd and 1st couples dance rights and lefts.

### THE 51ST TRAVELLERS 8 X 32 J: 3 Cpls (4 cpl set) Sandra Turton, *Book 44*

1- 4 1st couple lead down between 2nd couple; cross over; dance down behind 3rd couple; and up the middle to finish in second place, on their opposite side, *facing up*. 2nd couple step up, bars 1-2.

5- 8 2nd, 1st and 3rd couples dance half reels of three on the sides. To begin: 1st couple dance out and up, 2nd couple dance in and down, 3rd couple dance in and up.

9-16 3rd, 1st and 2nd couples dance a grand chain. To begin, 3rd couple (in first place) cross over.

17-20 All three couples set and link for three to finish in lines across the dance:

17-18 Set in lines of three.

19-20 2nd woman and 3rd man (at left end of lines) dance to right end of line and curve round into place. 2nd woman finish in first place on her own side, *facing down*, and 3rd man finish in his own place, *facing up*. 1st couple pull right shoulders back and cast *clockwise* to finish 1st woman between 2nd couple, *facing down*, and 1st man between 3rd couple, *facing up*. 2nd man and 3rd woman (at right end of lines) pull right shoulder back and cast *clockwise*, following 1st couple, to left end of line. 2nd man finish in top place on his

- own side, *facing down*, and 3rd woman finish in her own place, *facing up*.
- 21-24 1st couple turn, right hand,  $1\frac{3}{4}$  times, to finish facing First Corner's place.  
Meanwhile, 2nd and 3rd couples dance two places, clockwise, round the set.
- 25-28 1st couple, giving right shoulder to the person in their First Corner's place, dance a half reel of four; pass each other, right shoulder, in the middle, to face Second Corner's place.
- 29-32 1st couple, giving right shoulder to the person in their Second Corner's place, dance a half reel of four; pass each other, right shoulder, in the middle, to finish in second place, own side.  
At the end of each couple's repeat, 4th couple must quickly step up to third place.

**ST. ANDREWS LINKS 3 X 40 S: 3 Cpls (3 cpl set)**  
*Georgina Findley, Leaflet*

- 1- 4 1st couple set, advancing; turn, both hands, once round, to *face up*, nearer hands joined.
- 5- 6 1st couple cast *off* one place and 2nd couple step up.
- 7- 8 1st couple dance a petronella turn.  
Finish: 1st woman between 2nd couple, all *facing down*, and 1st man between 3rd couple, all *facing up*.
- 9-16 Set and link for three.  
9-10 Set in lines of three.  
11-12 2nd woman and 3rd man (at left end of lines) dance to right end of line and curve round into place. 2nd woman finish in 1st man's place, *facing across*, and 3rd man finish in 3rd woman's place, *facing across*.  
1st couple pull right shoulders back and cast *clockwise* to finish in second place, own side, *facing across*.  
2nd man and 3rd woman (at right end of lines) pull right shoulder back and cast *clockwise*, following 1st couple, to left end of line. 2nd man finish in 1st woman's place, *facing across*, and 3rd woman finish in 3rd man's place, *facing across*.
- 13-16 Repeat bars 9-12.  
Finish: 1st woman between 2nd couple (now in 3rd place on their opposite side), all *facing up*, and 1st man between 3rd couple (now in top place on their opposite side), all *facing down*.
- 17-24 3rd, 1st and 2nd couples dance six hands round and back.  
Finish as at end of bar 16.
- 25-28 Half reels of three across the dance.  
To begin: 1st couple give right shoulders to person on their right.
- 29-30 1st couple turn, both hands, to finish in second place, own side.
- 31-32 All three couples set.
- 33-36 1st couple, followed by 2nd couple, dance up between 3rd couple and cast *off* to finish 3, 2, 1.

- 37-40 2nd couple, followed by 3rd couple, dance down between 1st couple and cast *up* to finish 2, 3, 1.

**REST AND BE THANKFUL 8 X 32 R: 3 Cpls (4 cpl set)**  
*Jack McConachie, The Grampian Collection*

- 1- 4 1st couple cross, right hand; cast *off* one place on their opposite side.  
2nd couple step up, bars 3-4.
- 5- 8 1st couple cross, left hand; 1st woman cast *up* round 2nd woman and 1st man cast *off* round third man, to finish beside their First Corners.
- 9-12 1st couple, holding First Corner in promenade hold (on their right), lead them round behind their Second Corners and place them in the opposite First Corner's place.  
Meanwhile, the Second Corners advance towards each other and retire.
- 13-16 1st couple turn each other strongly, left hand,  $1\frac{1}{4}$  times, to finish beside their Second Corners.
- 17-20 1st couple, holding Second Corner in promenade hold (on their right), lead them round behind their First Corners (who are on their opposite side) and place them in the opposite Second Corner's place.  
Meanwhile, the First Corners advance towards each other and retire.
- 21-24 1st couple turn, left hand, to *face their First Corner's place* (1st woman *face third woman* and 1st man *face 2nd man*).
- 25-28 1st couple dance a half reel of four, with their First Corners.
- 29-32 1st couple, passing each other by the right in the middle, dance a half reel of four with their Second Corners and finish in second place, own side.  
At the end of the second time through, 1st couple cross, left hand, down between the (original) 4th couple to the bottom and the (original) 4th couple step up to third place.

**EXTRA**

**THE LASSIES OF DUNSE 8 X 32 J: 3 Cpls (4 cpl set)**  
*Book 18*

- 1- 4 1st man cast *off* one place and 2nd woman cast *up* one place.  
Finish in the centre of the dance.
- 5- 8 1st man and 2nd woman turn, right hand, to original places.
- 9-12 1st woman cast *off* one place and 2nd man cast *up* one place.  
Finish in the centre of the dance.
- 13-16 1st woman and 2nd man turn, left hand, to original places.
- 17-20 1st couple, nearer hands joined, dance down to third place; then set.  
2nd and 3rd couples step up, bars 17-18.
- 21-24 1st couple dance a half figure of eight up round 3rd couple.
- 25-28 1st couple, nearer hands joined, dance up to second place; then set.  
3rd couple step down, bars 25-26.
- 29-32 1st couple dance a half figure of eight up round 2nd couple.