

# Instructions: December Monthly Dance • 10 December 2011

**Time:** 7:30 pm (starts promptly)  
**Place:** Crescent School  
**Cost:** Adult: Member \$22; non-Member \$28  
Student Member \$10; Youth / Spectator \$5  
Beginner (in December and March) \$10  
**Music:** The Scottish Accent  
**Host:** Humbercrest; Petronella; Woodglen

**All dances will be briefed and walked.**

## THE HIGHLAND FAIR **8 X 32 J: 3 Cpls (4 cpl set)** *Graded Scottish Country Dances*

- 1- 8 1st couple cast *off* behind own lines; then cast *up* to place.  
9-16 1st and 2nd couples turn partner, right hand, once round; then, left hand, once round, to place.  
17-20 1st couple, followed by 2nd couple (who dance up sidelines to begin), lead down the middle.  
21-24 2nd couple, followed by 1st couple, lead up.  
2nd couple finish in first place and 1st couple in second place.  
25-32 2nd and 1st couples dance rights and lefts.

## PETRONELLA **6 X 32 R: 2 Cpls (3 cpl set)** *Book 1*

- 1-16 1st couple dance in a diamond pattern, moving to their right and turning right about (2 pas de basque) to each point, where they *face each other* and set. They continue round to original places.  
17-24 1st couple lead down the middle and up.  
25-32 1st and 2nd couples dance a poussette.

## THE SAINT JOHN RIVER **4 X 32 S: 4 Cpls (4 cpl set)** *Prudence Edwards, New Brunswick Collection*

- The Chase*  
1- 8 1st woman cast *off* one place, cross and cast *behind* 3rd man, cross and cast *behind* 4th woman and cross to finish below 4th man (on her opposite side).  
Meanwhile, 1st man follow his partner to finish below 4th woman (on his opposite side).  
*The Bridges and Pools*  
9-16 1st couple, nearer hands joined, dance up under the arch formed by 4th couple (2 bars); turn, both hands, 1½ times (4 bars); then dance up under the arch formed by 2nd couple, finishing in first place, own side.  
4th couple make the arch, bars 9-10 *only*; 2nd couple make the arch, bars 15-16.  
*The Reversing Falls*  
17-24 1st couple lead down the middle, followed by 2nd, 3rd and 4th couples:  
2nd couple dance up (2 bars), lead down (2 bars), up (2 bars), and dance down to place (2 bars); 3rd couple dance up (3 bars), lead down (1 bar), up (1 bar), and dance down to place (3 bars); 4th couple dance up (4 bars) to meet at the top of the set **but do not join hands**, then cast *out* and dance down to place (4 bars).  
*The River Meets The Sea*  
25-28 All four couples dance back to back.  
29-32 1st couple change place with 2nd couple, right hand; 3rd couple, left hand; and 4th couple, right hand, to finish in fourth place. 1st man and 4th woman make polite turns.

## CAMPBELL'S FROLIC **8 X 32 J: 3 Cpls (4 cpl set)** *Rutherford, Book 15*

- 1- 2 1st and 2nd couples set.  
3- 6 1st and 2nd couples dance right hands across, once round.  
7- 8 1st couple cast *off* one place and 2nd couple dance up to first place.  
9-10 1st and 3rd couples set.  
11-14 1st and 3rd couples dance left hands across, once round.  
15-16 1st couple cast *off* one place and 3rd couple dance up to second place.  
17-18 1st couple set.  
19-24 1st couple approach partner (bar 19); lead up to the top (bars 20-22); cast *off* one place (bars 23-24).  
3rd couple step down, bars 19-20.  
25-32 2nd, 1st and 3rd couples dance six hands round and back.

## SALLY'S FANCY **8 X 32 S: 3 Cpls (4 cpl set)** *Book 27*

- 1- 8 1st couple lead down the middle (3 bars) and up (3 bars), then cast *off* round 2nd couple.  
2nd couple step up, bars 7-8  
9-16 1st couple lead down the middle and up, then cast *off* round 3rd couple.  
3rd couple step up, bars 15-16.  
1st couple finish at third place, in the centre, nearer hands joined, *facing up*, ready for:  
17-20 2nd, 3rd and 1st couples dance six hands round to the left.  
1st couple finish in the centre, *facing up*.  
21-24 1st couple, nearer hands joined, dance to the top, and cast *off* to second place.  
3rd couple step down, bars 23-24.  
25-32 2nd, 1st and 3rd couples turn partners, right hand, once round; then, left hand, once round, to place.

## CUMBERLAND REEL **4 X 32 J: 4 Cpls (4 cpl set)** *Book 1*

- 1- 8 1st and 2nd couples dance right hands across; then left hands across.  
9-16 1st couple lead down the middle and up.  
Finish: 1st couple, in first place, *face out*.  
17-22 1st couple, followed by 2nd, 3rd and 4th couples cast *off* and dance behind their own line.  
23-28 1st couple, followed by 2nd, 3rd and 4th couples, nearer hands joined, dance up the middle.  
On bar 28, 2nd couple finish at the top with 1st couple just above them.  
1st couple *face down* and 2nd, 3rd and 4th couples join both hands with partner to make an arch in the middle.  
29-32 1st couple dance down the middle under the arches to fourth place.  
On bar 32, 2nd, 3rd and 4th couples release hands and step up and out to new place.

## INTERVAL

## GAY GORDONS **? X 16 Mar: Cpls (Round the Room)** *Collins Pocket Reference: Scottish Country Dancing* *In couples, facing line of dance (counter-clockwise), in Allemande hold. Begin with outside foot.*

- 1- 4 Walk forward 4 steps in line of dance, pivoting to the right on the fourth. Keeping hands in allemande position (but now left arm is high and right arm is low), walk **backwards** for 4 steps in line of dance.  
5- 8 Walk 4 steps forward against line of dance, pivoting on the fourth, and 4 steps backwards against line of dance.  
9-12 *Face partner*, taking right hand. Man walk forward

- along line of dance, turning partner, round, under his right arm.
- 13-16 In ballroom hold, couple polka, turning round clockwise, progressing along the line of dance. Open out ready to begin again.

**SANDY O'ER THE LEA**                      **6 X 32 S: 2 Cpls (3 cpl set)**  
*Miss Milligan's Miscellany*

- 1- 8 1st and 2nd couples dance right hands across and left hands across.
- 9-12 1st and 2nd couples set to partners; cross over, right hand.
- 13-16 1st and 2nd couples repeat bars 9-12, to place.
- 17-24 1st couple, followed by 2nd couple (who dance up the sides to begin) lead down the middle. 1st couple turn towards each other and lead up between 2nd couple (who divide and dance down). 2nd couple turn towards each other and lead up, following 1st couple. Both couples finish in the middle of the set, *facing up*.
- 25-32 1st and 2nd couples dance an allemande.

**ROUND REEL OF EIGHT**                      **1 X 88 R: (Square Set)**  
*Book 27*

- 1- 8 All four women cast *by the right* and dance outside the set back to original places.
- 9-16 All four men dance bars 1-8, but cast *by the left*.
- 17-32 Grand chain half-way round (6 bars); all set to partners; continue grand chain back to places (6 bars); all set to partners.
- 33-35 1st and 3rd couples change places: 1st couple, nearer hands joined, dance between 3rd couple.
- 36-38 Repeat bars 33-35 back to original places: 3rd couple, nearer hands joined, dance between 1st couple.
- 39-40 1st and 3rd couples turn, right hand, into allemande hold ready for:
- 41-48 1st and 3rd couples dance round the inside of the set back to original places.
- 49-64 2nd and 4th couples dance bars 33-48. 2nd couple, nearer hands joined, dance between 4th couple (bars 49-51); 4th couple, nearer hands joined, dance between 2nd couple (bars 52-54).
- 65-68 1st and 3rd couples dance half rights and lefts.
- 69-72 2nd and 4th couples dance half rights and lefts.
- 73-80 Repeat bars 65-72 back to original places.
- 81-88 All 4 couples, dance eight hands round and back.

**THE BIRKS OF INVERMAY**                      **8 X 32 S: 3 Cpls (4 cpl set)**  
*Book 16*

- 1- 4 1st man and 2nd woman turn, both hands, and return to place.
- 5- 7 1st woman and 2nd man turn, both hands, and return to place.
- 8 1st, 2nd and 3rd couples dance in (*left foot*) ready for:
- 9-16 1st, 2nd and 3rd couples dance a promenade.
- 17-24 1st couple cross, right hand; cast *off* one place on their opposite side; lead up between 2nd couple; cross back to their own side, right hand; and cast *off* one place.  
 2nd couple step up, bars 23-24.
- 25-32 2nd, 1st and 3rd couples dance six hands round and back.

**EH3 7AF**    **8 X 32 J: 3 Cpls (4 cpl set)**  
*Roy Goldring, Book 40*

- 1- 8 1st couple lead down the middle and up. Finish in the centre.  
 On bar 8, 2nd and 3rd couples step in.
- 9-16 1st, 2nd and 3rd couples dance a promenade.  
 On bars 15-16, 1st couple cast *off* to second place; *while*, 2nd couple dance up to first place *and* 3rd couple return to original place.

- 17-20 1st couple, pass each other by the right (no hands) to cross to their opposite side; turn First Corner, right hand.  
 Finish: 1st woman, *facing down*, between 2nd couple *and* 1st man, *facing up*, between 3rd couple.
- 21-24 1st couple pass each other by the right (no hands), up and down the dance; turn Second Corner, right hand.  
 Finish: 1st couple in second place, on their opposite side.
- 25-28 Right hands across, in the centre: 1st man with 2nd couple *and* 1st woman with 3rd couple.
- 29-32 1st woman cross up between 2nd couple and cast *off* to second place, on her own side; *while*, 1st man cross down between 3rd couple and cast *up* to second place, on his own side.

**SHIFITIN' BOBBINS**                                      **8 X 32 R: 3 Cpls (4 cpl set)**  
*Roy Clowes, Ormskirk Scottish Dances, Book 6*

- 1- 2 1st couple cross down, right hand, to finish back to back *facing second place* on their opposite side; *while*, 2nd couple step up.
- 3- 4 Giving hands as in double triangles, 2nd, 1st, and 3rd couples set.
- 5- 8 1st couple dance out on their opposite side and cast *up*; meet, give nearer hands, and dance down the centre to second place.
- 9-12 1st woman with 2nd and 3rd men dance right hands across; *while*, 1st man with 2nd and 3rd women dance left hands across: once round.
- 13-16 1st couple meet, give nearer hands, and dance down the centre, followed by 2nd and 3rd couples.
- 17-20 All turn about and 3rd couple, followed by 2nd and 1st couples, dance up.  
 On bars 19-20, 3rd couple cast *off* to original place.
- 21-24 1st woman with 2nd and 3rd men dance left hands across; *while*, 1st man with 2nd and 3rd women dance right hands across: once round.  
 Finish: 1st couple in the centre, *facing up*.
- 25-28 1st couple, nearer hands joined, dance up and cast *off* to second place on their opposite side.
- 29-32 1st couple dance a half figure of eight round 2nd couple to finish in second place, own side.

**EXTRAS**

**CORN RIGS**    **6 X 32 R: 2 Cpls (3 cpl set)**  
*Book 4*

- 1- 8 1st couple cast *off* and dance down behind own line (4 bars); turn *inwards* and dance up to original place.
- 9-16 1st couple dance a figure of eight round 2nd couple.
- 17-24 1st couple lead down the middle and up.  
 Finish: 1st couple in the middle of the set, *facing partner*, both hands joined.  
 On bar 24, 2nd couple step in.
- 25-32 1st and 2nd couples dance a poussette.

**THE WILD GEESE**                                      **8 X 32 J: 3 Cpls (4 cpl set)**  
*Book 24*

- 1- 4 1st and 3rd couples, setting, advance into the middle (women on partner's right). All join hands and set.
- 5- 8 1st couple turn, right hand, and cast *off* to third place on their own side; *while*, 3rd couple turn, right hand, and lead up to top place on their own side.
- 9-16 1st and 3rd couples repeat bars 1-8. (i.e., 1st couple dance as 3rd couple did; *while*, 3rd couple dance as 1st couple did.) All finish in original place.
- 17-24 1st couple lead down the middle and up, to finish in second place.  
 2nd couple step up, bars 19-20.
- 25-32 2nd and 1st couples dance rights and lefts.